

YES VM water based natural long lasting vaginal moisturising gel

What is YES VM?

A light organic vaginal moisturiser formulated using patented technology to provide natural, long lasting moisture to dry vaginal tissue.

Key benefits of YES VM moisturising gel

- relieves vaginal atrophy and dryness
- alleviates irritation, itching and burning
- moisturises and soothes dry and sensitive vaginal tissues
- pH balanced iso-tonic gel for the vagina
- non-hormonal, paraben and glycerine free formula
- available in pack of 6 pre-filled applicators or in 100ml tube

YESVM provides intimate moisture for up to 3 days. Cases of severe dryness will benefit from more frequent use (1 applicator or 5ml every 1-2 days) initially until improvement is gained.

How do I get YES VM on prescription?

Ask your GP to prescribe YESVM moisturising gel.
Available in a pack of 6 pre-filled applicators or a 100ml tube.

Pip Codes: YES VM in pre-filled applicators 402-3420

YES VM 100ml tube 402-3412

For a wider range of YES products visit www.yesyesyes.org
or call 03450 94 11 41



YES OB plant-oil based long lasting vaginal lubricant

What is YES OB plant-oil based?

A rich, soothing cream that softens on contact with the skin, formulated to be side-effect free, successfully delivering relief for a wide range of symptoms and disorders.

Key benefits of YES OB plant-oil based

- gentle effective rich lubricant to calm irritation
- soothing treatment for vulval skin conditions
- nourishing barrier cream for delicate intimate tissues
- longer lasting comfort for intercourse
- natural alternative to synthetic silicone lubricants



For painful sex or dyspareunia we recommend applying a layer of YES OB first, followed by one of YES water based. This provides natural longer lasting lubrication and can help to remove the fear of pain and friction. This is known as the "Double Glide effect."

YES OB plant-oil based is **not** condom compatible.

Where can you buy YES OB?


YES OB is not currently on prescription but is available from selected Health Stores, from www.yesyesyes.org or by phone: 03450 94 11 41

YES please!

We are happy to send you a complimentary sachet of YES water-based, YES OB plant-oil based or YESVM vaginal moisturiser so you can experience the benefits for yourself. Just give us a call or drop us a line



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 Created and manufactured
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®
natural
intimate health


FREE
samples
yesyesyes.org
for Patients
& HCPs

YES: trusted natural
moisturisers and lubricants
for vaginal dryness & atrophy,
irritation and painful sex



**Non-hormonal advanced
formulations**

International Patent Protected

YESVM now available on prescription

“ I've tried many lubricants and I've had allergic reactions to all of them (vulval soreness, redness and severe painful burning). YES has been the first and only lube I've tried where I do not have any reaction at all. It's the only lubricant I've been able to use without getting thrush, BV or irritation. It feels really natural, light and it's not sticky. ”

Mr Nick Panay BSc MBBS MRCOG MFSRH
 Director of the West London Menopause and PMS Centre and Past
 Chairman of The British Menopause Society

“ In my capacity as a Consultant Gynaecologist with a special interest in premature menopause, I see many women suffering from menopausal vaginal atrophy, whose symptoms can be significantly eased through the use of an appropriate vaginal moisturiser / lubricant. Based on my professional experience of such products, and the feedback from my patients I can say without hesitation that the YES range proves to be one of the most successful in combating the discomfort of dryness. I have confidence that its natural formulation affords effective re-moisturisation, while treating sensitive tissues with great gentleness. ”

Are you a Health Care Professional? NOT ALL LUBRICANTS & MOISTURISERS ARE THE SAME: FORMULATION IS KEY TO THE RISK OF SIDE EFFECTS

Order FREE samples
 for your patients online
 at yesyesyes.org/nhs/

Why choose YES?

Your intimate areas are precious and delicate, it's only natural to want to use products which respect that.

YES is a range of pure and natural, swift acting, long lasting and proven products which offer a vital breakthrough in the category of intimate care by being free from potentially damaging chemicals and skin irritants.

They are ideal for enabling comfortable intercourse, or for the alleviation of vaginal dryness.

Fully certified organic, guaranteed pure, natural and hypoallergenic*

Recommended by the following Health Care Professionals as safe and effective:

- Gynaecologists
- GUM Consultants
- Gynae-oncologists
- GPs
- Menopause specialists
- Dermatologists
- Psychosexual Therapists
- Cancer Nurse Specialists
- Radiotherapists
- Women's Health Physiotherapists
- Complementary Therapists

* Formulated to minimise the risk of allergies

What is YES water-based intimate lubricant?

YES water-based is a soft, clear vaginal gel, formulated to be side-effect free, successfully delivering relief for a wide range of symptoms and disorders.

Key benefits of YES water-based

- intimate hydrating lubricant
- relief for vaginal dryness, swift acting, long lasting
- hydrates and revitalises dry vaginal tissues
- restores vaginal pH which protects against Thrush
- compatible with HRT
- free from mucosal irritants and estrogen mimics
- suitable for hormone sensitive conditions (no parabens)

How do I get YES water-based on prescription?

Ask your GP to prescribe YES water-based intimate lubricant/vaginal moisturiser. Available in a pack of 6 applicators or a 75ml tube.



Also available from your pharmacy over the counter – just ask for YES Intimate Lubricant and specify which size. They will order it for you.

Pip Codes: YES water-based pre-filled applicators 345-5805
 YES water-based 75ml tube 345-5789

For a wider range of YES products visit www.yesyesyes.org or call 03450 94 11 41

The NICE Guideline on Menopause advises that lubricants and moisturisers can be recommended for use either alone or in combination with HRT.

Here is a summary of the latest research¹ on the importance of lubricant and moisturiser formulation.

In 2015 a selection of lubricants and moisturisers, including those available on prescription, were analysed for pH and osmolality values by an independent laboratory. YES VM Vaginal Moisturising Gel and YES water-based Intimate Lubricant are the only two products available on prescription in this category that fall within the threshold of 380mOsm/kg recommended by the World Health Organisation² for personal lubricants. Both YES VM and YES water-based are pH balanced to help prevent Thrush and bacterial infection.

Non-hormonal YES VM and YES water-based are cost effective and better tolerated than many glycerine based lubricants and moisturisers, leading to high patient compliance and fewer consultant referrals.

YES water-based provides relief for a wide range of vaginal/vulval conditions & symptoms such as:

Vaginal Dryness	Vaginal Atrophy	Painful Sex
Lichen Sclerosus	Vulvodynia	Vaginismus
Itching	Burning	Irritation

1. D. Edwards & N. Panay (2015): Treating vulvovaginal atrophy/genitourinary syndrome of menopause: how important is vaginal lubricant and moisturizer composition? Climacteric, DOI: 10.3109/13697137.2015.1124259
 2. World Health Organization. Use and procurement of additional lubricants for male and female condoms: WHO/UNFPA/FHI360 advisory note 2012 [7 July 2015]. Available from: http://apps.who.int/iris/bitstream/10665/76580/1/WHO_RHR_12.33_eng.pdf